

Remote Keynote & Tiny Lectures

Support, develop and energize your team when working remotely!

- 100 % remote!
- Take the next step when working remotely – prepare your team to enjoy it and work efficiently when doing it!
- Fast and easy workshop that results in big changes.

Remote Keynotes & Tiny Lectures

Concept

Now that people are used to working remotely – it is time to support, develop and energize them remotely too!

Send your team members an invitation to an after work session to boost them in themes like:

Sustainable High Performance

Strengths Based development

Psychological Safety in teams

Solution Focused self leadership

Reflection 2.0

Teaming for Complexity

Contact lead trainer Patrick Stahl to get a full list of topics delivered by our different trainers.

If you have taken part of our programmes or workshops – you know we deliver with humour, integrity, passion and simplicity. That is what your team will experience.

Content

[Basic design of a 55 minute workshop]

- 40 minutes of engaging lecture
- 15 minutes of Q&A

[Basic design of a 25 minute workshop]

- 20 minutes of engaging lecture
- 5 minutes of Q&A

After the workshops, handouts are distributed electronically to facilitate deepened knowledge.

All workshops and materials are available in English/Swedish at your convenience.

INVESTMENT

KEYNOTE: 40 min lecture & 15 min Q&A: In your remote platform of choice, or by invitation to our Zoom platform.

1-30 participants: SEK 14.900:-

31+ participants: on request

TINY LECTURE: 20 min lecture & 5 min Q&A: In your remote platform of choice, or by invitation to our Zoom platform.

1-30 participants: SEK 9.900:-

31+ participants: on request

OPTIONS/ADD-ONS

Care pack 1: Patrick Stahl's book on strengths based self-leadership – Strong 2.0 to participants (SEK 199:-/person, shipping is included to one address, for individual shipping pls add SEK 39:-/person)

Care Pack 2: Patrick Stahl's book on reflection – Reflection 2.0 to participants (SEK 199:-/person, shipping is included to one address, for individual shipping pls add SEK 39:-/person)

VAT not included, travel costs not needed

Are you interested?

Please find out more at our webpage: www.perfectlife.se

- or contact Patrick Stahl directly – patrick@perfectlife.se



WHAT WE DO

- Organisational development through strategic change work
- Cultural change to make Values something people live, not just something people know
- Sustainable High Performance - release all potential without burning people out
- Leadership development and Self Leadership development
- Team development and Teaming

What we are passionate about is...



- Our international approach – we almost exclusively work in **international organisations**, with multicultural teams
- Our passion for **bespoke work** – there IS no standard solution
- Our focus on **Strengths Based Development** – building on strengths, not mulling around in weaknesses
- Our focus on **Solution Focus** – we will identify the problems, and work the problems – but we will not waste time on problem sightseeing
- Our focus on **Self Leadership** – if you want to be fast and grow fast you need people to dare make decisions and act on knowledge

And...



PERFECT
LIFE

- We are passionate about true **co-design**. Before each step we discuss the process with you, and together we will decide what is the best next step
- Our use of **blended development** - when we cannot meet face to face - we still get the job done through remote tools; flipped classrooms, remote modules/coaching, virtual tool clinics etc
- Success for us is when we see **real action**. From us, from your leaders, from your employees. Everyone matters - and everyone must contribute. Knowing what to do is not good enough, ACTION is required to achieve traction and success
- Our track record! 22 years of **raving fans** - we have fun and we create results, so our clients come back the next time they need help.

Patrick Stahl, Lead Trainer

- 50 years, three wild kids, Swedish
- CEO and Lead Trainer at Perfect Life Group AB, former Senior Partner at the prestigious MiL Institute
- Has consulted in 71 different countries
- Expert on Strengths-based Self Leadership, Solution Focus and Sustainable High Performance for organisational change
- Has done six start-ups since 1998 (from a coffee shop to artificial intelligence in e-commerce)
- Natural sciences + a degree in Business Administration and Economics, has written four books: STARK (2015), REFLEKTERA (2016), STRONG 2.0 (2018), REFLECTION 2.0 (2019)
- Friendly and empathic, but with a brutal focus on getting people into action, from knowing to doing



Emma L & Emma B, backoffice

- Chiefs of Everything at Perfect Life
- Millennials, thus keeping our own development rooted in the new generation
- Background in Business Administration and marketing psychology
- Takes care of, well... everything. From evaluations, baselines, research to reservations, planning, social media



Read more about us at: www.perfectlife.se



References upon request.