



Perfect Team Development

- 100% remote
- Makes your team stronger and more focused
- A development programme with briefing kick-off, 3 modules á 3 hrs and a final coaching session
- Workshops lead by our lead trainer Patrick Stahl

Perfect Team Development

- a six-week bootcamp for your team

Concept

"Since we don't know when this will be over, we need to learn how to develop and improve our teams remotely – so we have an advantage no matter what".

The tipping point is when your team asks when things will be normal again, and you know that neither you nor anyone else has an answer to that. The next question you have to ask yourself is – how will I lead and develop my team forward, instead of being stuck in a permanent Wait & See mode?

Here's how.

We at Perfect Life have designed the Perfect Team development programme – a mini programme that will build content on your leadership agenda, boost your team spirit – and develop your team with the cutting edge of team- and self-leadership theories.

It starts with a team leader brief, and ends with a team leader de-brief/coaching. It consists of three 3 hr modules, ca 2 weeks apart. Programme span 6 weeks from Start to Finish.

100% remote. 100% future proof.

Contents

Briefing meeting: 50 minutes start-up zoom meeting with Team leader [to understand team purpose, constitution, challenges, opportunities – and set clear impact goals for programme]

- **Module 1, 3 hrs: The High Performing Team** (why/how/what, self leadership, strengths/weaknesses, comfort zone, development goals individual/team, Action Learning support, individual reflection)
- **Module 2, 3 hrs: The Innovative Team** (complexity, psychological safety, trust, remote/distributed teams, Teaming vs Teambuilding, probes & consequences)
- **Module 3, 3 hrs: The Collaborative Team** (failing faster/smarter, the Samuels contract, cross-team collaboration barriers/solutions, team reflection)

De-brief/coaching: 50 minutes final zoom meeting with Team leader [reflections, feedback, advice – and leadership coaching]

Delivery is made in our Zoom platform - with Lead Trainer Patrick Stahl and one of the Perfect Life producers (taking care of the tech behind the scenes).

INVESTMENT

PROGRAMME SPAN 6-8 WEEKS

A) 50 min Briefing session with team leader

B) Three modules (3 x 3 hr workshops, 2 weeks apart)

Module 1: The High Performing Team

Module 2: The Innovative Team

Module 3: The Collaborative Team

C) 50 min De-Brief/Coaching with team leader

1-10 team members (or a management team): **SEK 54.900:-**

11-20 team members : **SEK 69.900:-**

Options/Add-ons

Care pack 1: Patrick Stahl's book on strengths based self-leadership – **STRONG 2.0 (incl. 5 Today cards)** to all participants (SEK 199:-/person, shipping is included to one address, for individual shipping pls add SEK 39:-/person)

Care Pack 2: Patrick Stahl's book on strengths based self-leadership – **Strong 2.0 (incl. 5 Today cards)**, and the sequel handbook **REFLECTION 2.0** to all participants (SEK 379:-/person, shipping is included to one address, for individual shipping pls add SEK 39:-/person)

VAT not included, travel costs not needed

Are you interested?

Please find out more on our webpage: www.perfectlife.se - or contact Patrick Stahl directly - patrick@perfectlife.se



WHAT WE DO

- Organisational development through strategic change work
- Cultural change to make Values something people live, not just something people know
- Sustainable High Performance - release all potential without burning people out
- Leadership development and Self Leadership development
- Team development and Teaming

What we are passionate about is...



- Our international approach – we almost exclusively work in **international organisations**, with multicultural teams
- Our passion for **bespoke work** – there IS no standard solution
- Our focus on **Strengths Based Development** – building on strengths, not mulling around in weaknesses
- Our focus on **Solution Focus** – we will identify the problems, and work the problems – but we will not waste time on problem sightseeing
- Our focus on **Self Leadership** – if you want to be fast and grow fast you need people to dare make decisions and act on knowledge

And...



PERFECT
LIFE

- We are passionate about true **co-design**. Before each step we discuss the process with you, and together we will decide what is the best next step
- Our use of **blended development** - when we cannot meet face to face - we still get the job done through remote tools; flipped classrooms, remote modules/coaching, virtual tool clinics etc
- Success for us is when we see **real action**. From us, from your leaders, from your employees. Everyone matters - and everyone must contribute. Knowing what to do is not good enough, ACTION is required to achieve traction and success
- Our track record! 22 years of **raving fans** - we have fun and we create results, so our clients come back the next time they need help.

Patrick Stahl, Lead Trainer

- 50 years, three wild kids, Swedish
- CEO and Lead Trainer at Perfect Life Group AB, former Senior Partner at the prestigious MiL Institute
- Has consulted in 71 different countries
- Expert on Strengths-based Self Leadership, Solution Focus and Sustainable High Performance for organisational change
- Has done six start-ups since 1998 (from a coffee shop to artificial intelligence in e-commerce)
- Natural sciences + a degree in Business Administration and Economics, has written four books: STARK (2015), REFLEKTERA (2016), STRONG 2.0 (2018), REFLECTION 2.0 (2019)
- Friendly and empathic, but with a brutal focus on getting people into action, from knowing to doing



Emma L & Emma B, backoffice

- Chiefs of Everything at Perfect Life
- Millennials, thus keeping our own development rooted in the new generation
- Background in Business Administration and marketing psychology
- Takes care of, well... everything. From evaluations, baselines, research to reservations, planning, social media



Read more about us at: www.perfectlife.se



References upon request.